

WELL-BEING, QUALITY OF LIFE AND SAFE CARE



We offer you highly skilled empathetic and supportive nursing and care in your own home – and are there for you 24/7. This takes the day-to-day strain off you and your family members and ensures that you feel safe and comfortable in your familiar surroundings.

Spitex 24 was established in 2003 and is today one of Switzerland's largest private care providers. Our team comprises about 100 well qualified, experienced and committed staff members who look after hundreds of clients in German-speaking Switzerland. Client numbers are growing day by day, and we receive consistently positive feedback on the quality of our services.

We are part of an extensive network of doctors, hospitals, clinics, physiotherapists, health insurance companies and Spitex organisations. We engage in constant professional exchange with these bodies and individuals to ensure that our services are continually optimised.

Spitex 24 does its utmost to support you in the best way possible to maintain and improve your independence and quality of life in your familiar surroundings.



“We stand for empathy, commitment and constant improvement.”

Dusan Popovic
Founder and Managing Director

WE ARE LOOKING FORWARD TO GETTING TO KNOW YOU.



Do you have any questions or do you require urgent assistance? We are here for you 24/7 by telephone, too: **043 233 55 00**

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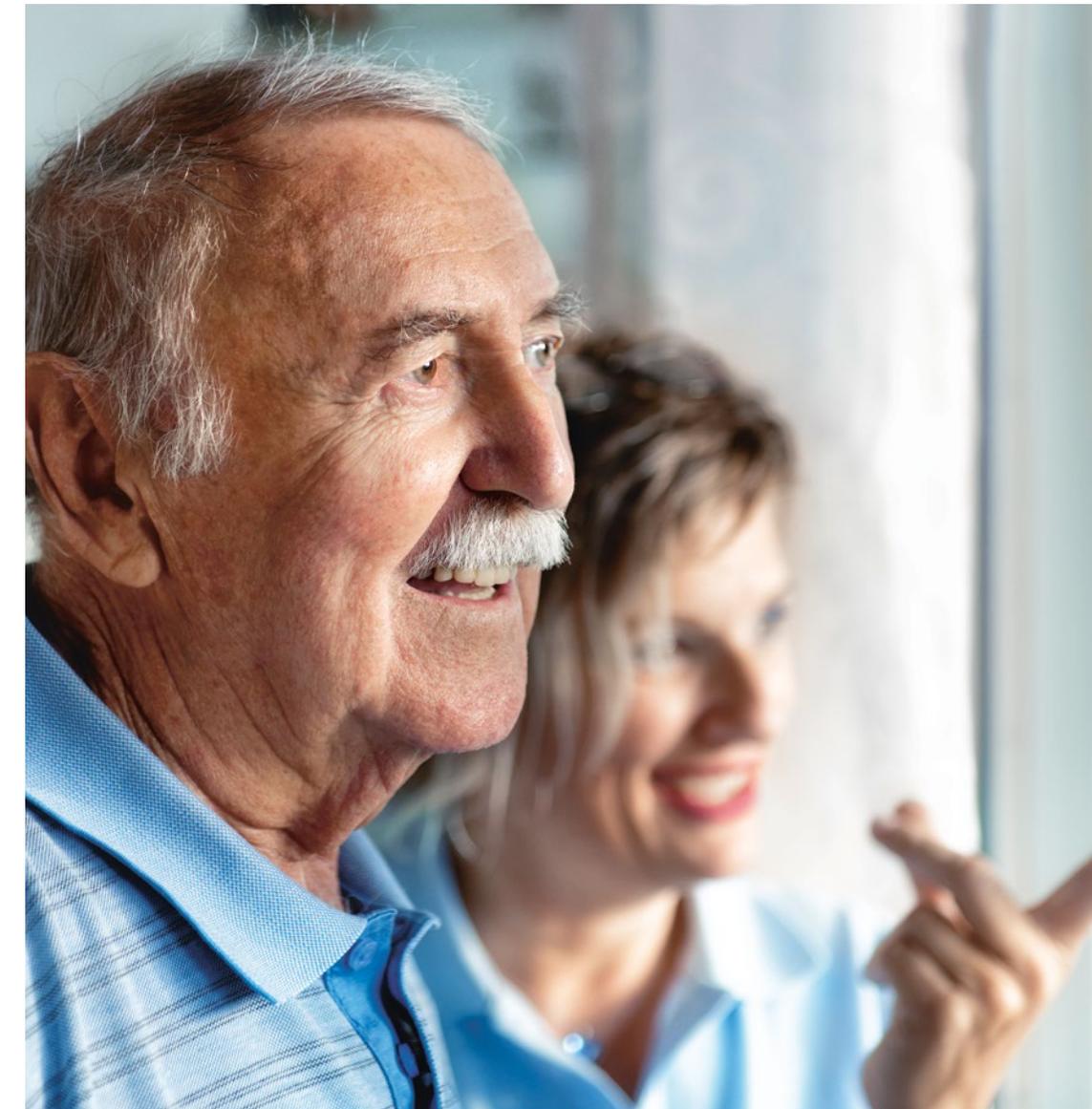
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FRIENDLY, COMPETENT CARE IN YOUR OWN HOME



THE BEST POSSIBLE CARE IN YOUR FAMILIAR SURROUNDINGS



Nursing and care at home mean that you can remain in the familiar surroundings of your own home. This enables you to maintain your individual daily routines and quality of life, which can have a positive effect on the healing process.



Therapeutic care

Our professionally trained and experienced specialist nurses provide services in your home that are recognised by health insurance companies.

We offer a broad spectrum of therapeutic care:

- Wound care, help with therapeutic baths, use of compresses
- Preparation and administration of medication, plus medication prompts
- Administration of infusions and injections
- Respiratory therapy procedures
- Blood pressure, pulse and breathing checks
- Blood glucose measurements
- Taking of blood samples
- Catheter insertion and care

Basic care

We will also help you with everyday tasks so that you feel comfortable and safe. Basic care services include, for example, personal care, getting dressed, mobilisation exercises and preparing meals. You determine when you would like the care and we will try to accommodate you accordingly; we are also happy to meet individual requests.

Needs assessment and advice

First of all, we will have a personal discussion with you to find out what your needs are and how we can best support you. It is crucial that the following points are clarified so that Spitex can provide an optimal service:

- Your state of health, your care needs, and the objectives of the nursing care
- Planning your discharge from hospital and the required measures
- Acute and transitional care after a stay in hospital
- Additional care options in your home
- Need for medical devices, aids and appliances

YOUR QUALITY OF LIFE IS OUR GOAL



We aim to maintain or increase your quality of life by providing professional care and promoting your independence. Focussing on these goals, we offer you a wealth of services customised to your requirements.



Social companionship

Would you simply like to talk to somebody or go out for a walk? We would love to keep you company and learn to play your favourite card games.

Personal care

We will support you in your personal care, such as manicures, pedicures or oral care, and will arrange hairdressing appointments for you.

Shopping and meals

We do your shopping for you and prepare healthy meals based on your food preferences.

Household

We do your household chores and deal with your laundry.

Transport

Would you like to visit somebody or do you have a doctor's appointment? We will organise the transport for you and accompany you if you would like.

On-call service and emergency assistance

Our on-call service means that we are available to you 24/7. Our organisation also specialises in emergency assistance.

Emergency call system

In cooperation with the Swiss Red Cross, we offer you an emergency call system (Red Cross emergency number) so that you or your family members can request help quickly in an emergency situation.

SPECIALISED CARE SERVICES



Depending on the client and the indication, different types of expertise are required to provide optimal care. We have many years' experience in various specialist areas and appropriately skilled staff, which means that we can also provide specialised care services.



means to meet the wishes and needs of our clients and their family members to afford them a dignified farewell.

Care of people with Parkinson's disease

People with Parkinson's disease have special requirements. Our support and care services comprise various measures to structure everyday life as well as possible and to prevent complications.

Care of people with dementia

The nursing and care of people suffering from dementia represents an enormous challenge that can put a huge strain on family members. We provide the appropriate care and nursing services, and offer support to family members.

Paraplegia/Multiple sclerosis

Our qualified team looks after people with permanently restricted movement resulting from damage to the central nervous system, such as paraplegia, multiple sclerosis and spina bifida. To ensure that we are also able to guarantee the highest level of professionalism in this area, our employees undertake continuous further training, e.g. at ParaHelp in Nottwil.

Rehabilitative care

If you have limited movement and mobility, e.g. after a stroke, we support you with a comprehensive range of services that cover everything from accompanying you to rehabilitation or physiotherapy sessions to helping with positioning, mobility and ventilation.

Psychiatric care

People with a mental illness receive support and everyday care from us. We work with specialists from various professional and expert groups in this area.

Palliative care

We employ experienced nursing staff for palliative care and support who are able to empathise and know what matters in this situation. We do everything within our power and